

Year 1 Autumn 2026 Curriculum Guide

English

- Write about personal experiences.
- Write lists, labels and captions.
- Sequence and retell stories.
- Learn to construct sentences verbally and practice repeating to ourselves when writing.
- Learn to punctuate simple sentences using capital letters and full stops.
- Leave regular spaces between words (finger spaces).
- Continue to revise and consolidate phonics phonemes and corresponding graphemes.
- Learn about vowels and use short vowel sounds: **a, e, i, o, u**.
- Learn to spell words containing digraphs: sh, th, ch, ck, ss, ff, ll, zz.
- Revise Reception keywords for reading and learn to recall new Year 1 keywords.
- Follow the Year 1 handwriting scheme:
 - Correct formation of lower-case letters
 - Correct positioning of letters on a line.
- Take part in Christmas play rehearsals and performance to develop speaking and listening skills.
- Develop reading comprehension by:
 - Answering questions about texts orally
 - Increasing instant recall of high-frequency words.

Maths

- Learn place value by: reading numbers, writing numbers and ordering numbers to 20 and beyond
- Develop addition and subtraction skills.
- Investigate number pairs that make 10 and 20.
- Use a number line to count forwards and backwards.
- Solve simple addition and subtraction problems.
- Use mathematical vocabulary such as: more, less, total, altogether.
- Name and identify properties of simple 2D and 3D shapes.
- Complete repeating patterns using shapes.
- Explore symmetry.

- Handle coins and learn the value of different denominations.
- Learn vocabulary related to the passing of time.
- Begin reading analogue clocks.
- Time knowledge including seasons and months of the year and days of the week in order.

Understanding the World

First Half Term: The Human Body

- Explore living and non-living things.
- Name the main external body parts.
- Learn about the functions of the skeleton.
- Discuss ways to stay healthy.
- Investigate the five senses.

Second Half Term: The Local Area

- Learn about where we live.
- Discuss journeys to school.
- Learn about the countries of the UK.
- Explore London and its landmarks.
- Learn about Twickenham and local features.

Religious Education

- 'Our Wonderful World'- discuss what makes our world special.
- Learn about Jewish, Islamic and Christian creation stories.
- Learn about Diwali- including the story of Rama and Sita.
- Visit a church – explore different parts of a church.
- Understand why the bible is a special book for Christians.
- Learn about the Christmas story and why people like to give gifts at Christmas.

French

- Learn vocabulary for:
 - Greetings
 - Colours
 - Numbers to 10
 - Age
 - Parts of the body
 - Christmas vocabulary and culture.

Personal, Social and Health Education (PSHE)

- Discuss the playground code of conduct.
- Learn about The Mall Promise.
- Explore different feelings and emotions.
- Discuss similarities and differences between people.

Digital Skills

- Learn how to log on to and log off a computer.
- Develop mouse control skills.
- Develop keyboard skills.

Art and Design

- Produce artwork linked to:
 - Ourselves - self portraits
 - Fruit and vegetables - collage and focus on Giuseppe Arcimboldo
 - Autumn – drawing
 - Seasons - painting
 - Christmas - mixed media.

Physical Education (PE)

- Develop spatial awareness through:
 - Running
 - Balancing
 - Ball skills
 - Team games

Swimming

- Increase water confidence.
- Develop basic swimming strokes.

Music

- Explore pulse and rhythm through:
 - Songs
 - Dance
 - Musical games.
- Learn to handle classroom instruments with care and control.
- Use instruments to accompany songs and chants.
- Learn songs for:

- Harvest
 - Christmas.
- Develop rehearsal and performance skills, including:
 - Listening to and following instructions immediately
 - Controlling body and behaviour on stage
 - Looking at the audience
 - Singing clearly and confidently.
- Begin to read and write simple musical notation.