



The Mall School

Summer Term 2024 Year 1 Religious Education

Use Plan Bee Resources ‘What do Sikhs believe?’

Lesson	Learning Objectives	Activities/Resources/Links	Assessment / Outcomes
1	To find out how Sikhism began	<p>INPUT</p> <ul style="list-style-type: none">• Explain that Sikhism is about 500 years old, which means it is quite a new religion.• Show children the image of the Sikhs on the slides. What do you know about Sikhs? Is anyone in our class a Sikh? Think, pair, share.• Read the story of Guru Nanak on the slides. Then go through the information explaining the word Sikh means ‘learner’ or ‘disciple’, Guru means ‘teacher’.• What have we found out about Sikhism today? Children to recap what they have learnt as a class. <p>INDEPENDENT WORK</p> <ul style="list-style-type: none">• Worksheet 1A	<ul style="list-style-type: none">• Do children know that Sikhism is one of the main world religions?• Can children retell the story of Guru Nanak?• Do children know about some of the basic Sikh beliefs?
2	To find out what being equal means to a Sikh.	<p>INPUT</p> <ul style="list-style-type: none">• Explain to the children that all religions have core beliefs and that these beliefs are like rules that people choose to live their lives by.• Go through the information on the slide about the Sikh belief that everyone is equal. Is this a good thing? Think, pair, share.• Go through the information on the slides about rights and responsibilities. What rights do you have?• What responsibilities do you have? Do you think you should be able to have rights if you ignore your responsibilities? Think, pair, share. <p>INDEPENDENT WORK</p> <ul style="list-style-type: none">• Worksheet 2A	<ul style="list-style-type: none">• Do children know that religions have core beliefs?• Can children explain what it means to be equal?• Do children understand the link between rights and responsibilities



<p>3</p>	<p>To find out why Sikhs meditate.</p>	<p>INPUT</p> <ul style="list-style-type: none">• Remind the children that all religions have core beliefs and that these beliefs are like rules that people choose to live their lives by. Can anyone remember the Sikh core belief we looked at in the previous lesson? What does it mean to be equal? What are rights and responsibilities? Think, pair, share.• Go through the information on the slides about the Sikh belief that meditating is important. What is mediating? Think, pair, share.• Go through the information on the slides about meditating to make sure you save time to remember God. Why might meditation help Sikhs think about God? Think, pair, share.• Set children the challenge of remembering the images on the slide. Set a 30-second timer, preferably one that makes sounds and talk to the children for the whole 30 seconds. Then see how many items they remembered.• Repeat the task, but this time turn the sound off the timer and make sure the classroom is quiet. Did you find it easier to concentrate when it was noisy or when it was quiet? Why? Think, pair, share.• Would it be easier or harder to concentrate on the task if they all had to stand on one leg while remembering the items? Why? Think, pair, share.• <p>INDEPENDENT WORK</p> <ul style="list-style-type: none">• Worksheet 3A	<ul style="list-style-type: none">• Do children know that religions have core beliefs?• Can children explain what meditation is?• Do children understand why it is important to give their brain quiet time for thinking?
<p>4</p>	<p>To find out why Sikhs believe people should work hard and live honestly.</p>	<p>INPUT</p> <ul style="list-style-type: none">• Remind the children that all religions have core beliefs and that these beliefs are like rules that people choose to live their lives by. Can anyone remember the Sikh core beliefs we have looked at in the previous lessons? What does it mean to be equal? What are rights and responsibilities? What is meditation? Why do Sikhs meditate? Think, pair, share.	<ul style="list-style-type: none">• Do children know some of the Sikh core beliefs?• Can children explain why it is important to work hard?• Can children explain why it is important to live honestly?



		<ul style="list-style-type: none">• Go through the information on the slides about the Sikh belief that people should work hard and live honestly. Do you work hard? Think, pair, share.• Go through the information on the slides about the work the police and doctors do. What would happen if they stopped working hard? Think, pair, share.• Should the police and doctors be honest? What would happen if they weren't? Would this be a good place to live if they didn't work hard and were dishonest? Think, pair, share.• Are you always honest? Is it easy to always be honest? Think, pair, share. <p>PAIRED WORK Provide the children with Scenario Cards A. As a group get the children to read and discuss each scenario and decide if the person made the right decision and if not, explain what they should have done.</p>	
5	To find out why Sikhs believe people should share.	<p>INPUT</p> <ul style="list-style-type: none">• Remind the children that all religions have core beliefs and that these beliefs are like rules that people choose to live their lives by. Can anyone remember the Sikh core beliefs? Think, pair, share.• Go through the information on the slides about the Sikh belief that people should share and give to the needy. Do you share? Who are the needy? Think, pair, share.• Go through the information on the slides about the work Sikhs do to help people that are less fortunate than themselves, including the community kitchen. Is the community kitchen a good idea? Think, pair, share. <p>INDEPENDENT WORK Worksheet 5A</p>	<ul style="list-style-type: none">• Do children know the Sikh core beliefs?• Can children explain why it is important to share?• Can children explain why Sikhs have a community kitchen?



The Mall School