### Week 1 April 2022

# The Mall School Lunch Menu

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TAT		u	u y	

Mexican Vegetable Soup

Lamb Chilli Con Carne

Roasted Vegetable Burritos (v)

West Indian Peas Lime and Coriander Slaw Steamed Long Grain Rice

Pasta Dish
Farfalle Pasta with Fresh Salsa (v)

Aubergine Chocolate Brownies E

Mexican Caramel Flan M,G

# **TUESDAY**

Thyme and Courgette Soup

**Pork Gyros Strips** 

Chickpea Falafel (v) G

Greek Salads M (v)
Roasted Fennel
Grilled New Potatoes

<u>Pasta Dish</u> Greek Spinach Pasta (v) G

Greek Yoghurt with Grilled Pineapple M

Greek Custard Pie G,E,M

### WEDNESDAY

Vegetable Chowder

**Pulled Brisket of Beef** 

Smokey Cauliflower "Chicken" Wings (v)

> Steamed Sweetcorn Steamed Broccoli Roasted Sweet Potatoes

Pasta Dish
Macaroni and Cheese (v) Gm

Fresh Fruit Milkshakes M

Mixed Cookies G,M

# **THURSDAY**

**Tomato and Basil Soup** 

Pepperoni Pizza G, M (GF Available)

Margherita Pizza (v)
G, M (GF Available)

Butter Beans Vegan Caesar Salad

Pasta Dish
Fusilli with Pesto (v) G

Strawberry Arancini M

Chocolate and Orange Cupcake G,M,E

**FRIDAY** 

**Mixed Vegetable Soup** 

Crispy Battered Cod G

Sweet Potato and Jackfruit Cake (v) G

Mushy Peas
Steamed Peas
Chunky Triple Cooked Chips

Pasta Dish
Penne with Fresh Grilled
Sweetcorn Salsa (v)

Fresh Fruit Sorbet

Retro flake Ice Cream Cones  $\,{\,{\rm M}}$ 

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya
V = Vegetarian VG = Vegan
WE DO NOT SERVE ANY NUTS

