

The Mall School Summer Term Lunch Menu

Week 3 Summer 2024

MONDAY

Cauliflower Soup (M, C)
Homemade Bread (G)
Croutons (G)

Chicken Curry (M)
Vegetable Curry (M)

Basmati Rice
Poppadums'
Mango Chutney
Naan Bread (G, M)
Mixed Vegetables

Tomato and Herb Pasta Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Chocolate Doughnuts (G, M, So, E)

TUESDAY

Tomato and Basil Soup (C)
Homemade Bread (G)
Croutons (G)

BBQ Pulled Pork
Mac and Cheese (G, M)

Burger Bun (G)
Skinny Fries
Sweetcorn(G)
Broccoli
Coleslaw (Sp)

Basil Pesto Sauce (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Lemon Drizzle Cake (G, E)

WEDNESDAY

Curried Vegetable Soup (C, M)
Homemade Bread (G)
Croutons (G)

Roast Turkey
Veggie Roast (G)

Roasted New Potatoes
Parsnips
Steamed Savoy Cabbage and Peas
Roasted Cauliflower
Stuffing Balls (G)
Yorkshire Pudding (G, E, M)

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

GF Peach and Berry Crumble

THURSDAY

Squash and Carrot Soup (M, C)
Homemade Bread (G)
Croutons (G)

Beef and Bean Chilli
Vegetable and Bean Chilli (So)

Spiced Rice
Sweetcorn and Beans
Sour Cream (M)
Tortilla Chips
Guacamole
Chilli Sauce

Basil Pesto (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Sticky Toffee Pudding (G, E, M)

FRIDAY

Cream of Parsnip Soup (C, M)
Homemade Bread (G)
Croutons

Gluten Free Battered Cod (F)
Fish Fingers (G, F)
Spiced Bean Burger (G)

Curry Sauce
Tartar Sauce (Sp)
Mushy Peas
Garden Peas
Chips

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

W.O.W Bar (G, So)

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya, C = Celery
V = Vegetarian VG = Vegan

