

The Mall School Summer Term Lunch Menu

Week 2 Summer 2024

MONDAY

Tomato and Pepper Soup (M, C)
Homemade Bread (G)
Croutons (G)

Piri Piri Chicken
Roasted Vegetable and Halloumi
Wrap (G, M)

Spiced Vegetable Rice
Sweetcorn
Broccoli

Tomato and Herb Pasta Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Jam Doughnuts (So, G)

TUESDAY

Carrot and Coriander Soup (C)
Homemade Bread (G)
Croutons (G)

Beef Lasagne (C, G, M)
Veggie lasagnes (So, C, G, M)

Spaghetti (G)
Bolognese Sauce (C)
Mixed Leaf Salad
Garlic and Rosemary Focaccia (G)
Steamed Green Beans

Basil Pesto Sauce (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

GF Apple Crumble

WEDNESDAY

Red Lentil Soup (C)
Homemade Bread (G)
Croutons (G)

Roast Pork Loin
Veggie Roast (G)

Roasted New Potatoes
Parsnips
Steamed Savoy Cabbage and Peas
Roasted Cauliflower
Yorkshire Pudding (G, E, M)
Gravy

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Chocolate Mousse (M)

THURSDAY

Mushroom Soup (M, C)
Homemade Bread (G)
Croutons (G)

Chicken Shawarma Wrap
Falafel Wrap

Flour Tortilla
Roasted Tomato Chilli Sauce
Vinegar Coleslaw
Skinny Fries
Sweetcorn

Basil Pesto (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Blueberry Crumble Sponge (G, E)

FRIDAY

Vegetable Soup (C, M)
Homemade Bread (G)
Croutons (G)

Gluten Free Battered Cod (F)
Fish Fingers (G, F)
Roasted Tomato and Goat Cheese
Tarts (G, E, M)

Curry Sauce
Tartar Sauce (Sp)
Mushy Peas
Garden Peas
Chips

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Chocolate Tiffin Bar (G)

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya, C = Celery
V = Vegetarian VG = Vegan

