

# The Mall School

## Spring Term Lunch Menu

Week 2 Spring 2024

### MONDAY

Carrot and Coriander Soup (C)  
Homemade Bread (G)  
Croutons (G)

Margareta Pizza (G, M)  
Pepperoni Pizza (G, M)  
Baked Gnocchi with Roasted Vegetables (G)

Mixed Salad  
Broccoli  
Spiced Tuscan Beans

Tomato and Herb Pasta Sauce (C)  
Penne Pasta (G)  
Gluten Free Pasta Available

Jacket Potato  
Baked Beans  
Tuna Mayonnaise (F)  
Grated Cheddar Cheese (M)

Fruit Sorbet

### TUESDAY

Cream of Cauliflower Soup (C, M)  
Homemade Bread (G)  
Croutons (G)

Shepherd's Pie  
Veggie Shepherd's Pie (So)

Roasted Sweet Potatoes  
Steamed Cabbage  
Steamed Green Beans

Basil Pesto Pasta (G, M)  
Penne Pasta (G)  
Gluten Free Pasta Available

Jacket Potato  
Baked Beans  
Chicken and Herb Filling  
Grated Cheddar Cheese (M)

Sticky Toffee Pudding (G, E, M)

### WEDNESDAY

Chicken Barley Soup (C, G)  
Homemade Bread (G)  
Croutons (G)

Roast Turkey  
Veggie Roast (G)

Roast Potatoes  
Yorkshire Pudding (G, E, M)  
Sage and Onion Stuffing (G)  
Steamed Carrot and Beans  
Roasted Parsnips

Tomato and Herb Sauce (C)  
Penne Pasta (G)  
Gluten Free Pasta Available

Jacket Potato  
Baked Beans  
Tuna Mayonnaise (F)  
Grated Cheddar Cheese (M)

Chocolate Shortbread (G)

### THURSDAY

Broccoli Soup  
Homemade Bread (G)  
Croutons (G)

BBQ Pulled Pork Roll (G)  
BBQ Pulled Jack Fruit Roll (G)

Corn on the Cob  
Skinny Fries  
Coleslaw  
Peas

Basil Pesto Pasta (G, M)  
Penne Pasta  
Gluten Free Pasta Available

Jacket Potato  
Baked Beans  
Chicken and Herb Filling  
Grated Cheddar Cheese (M)

Apple and Blackberry Crumble (G)

### FRIDAY

Creamy White Bean Soup (C, M)  
Homemade Bread (G)  
Croutons (G)

Gluten Free Battered Cod (F)  
Fish Fingers (G, F)  
Cheese and Potato Pasties (G, E, M)

Curry Sauce  
Tartar Sauce (Mu)  
Mushy Peas  
Garden Peas  
Chunky Chips

Tomato and Herb Sauce (C)  
Penne Pasta (G)  
Gluten Free Pasta Available

Jacket Potato  
Baked Beans  
Tuna Mayonnaise (F)  
Grated Cheddar Cheese (M)

WOW Bar (G, So)

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya, C = Celery

