

The Mall School Summer Term Lunch Menu

Week 1 Summer 2024

MONDAY

Cauliflower and Celeriac Soup (M, C)
Homemade Bread (G)
Croutons (G)

Cumberland Sausages (Sp)
Veggie Sausages (G)

Mash Potatoes
Garden Peas
Steamed Carrots
Gravy

Tomato and Herb Pasta Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Berry Eton Mess (E, M)

TUESDAY

Garden Pea and Mint Soup (M, C)
Homemade Bread (G)
Croutons (G)

Breaded Fish Tacos (F, G, E, M)
Bean, Pepper, and Onion Tacos

Mexican Rice
Guacamole
Sweetcorn Salsa
Shredded Cabbage
Sour Cream (M)
Flour Tortillas (G)

Basil Pesto Sauce (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Chocolate Shortbread (G)

WEDNESDAY

Sweet Potato and Carrot Soup (C)
Homemade Bread (G)
Croutons (G)

Roast Gammon
Roasted Vegetable Tarts (G, E, M)

Roasted New Potatoes
Parsnips
Green Beans
Roasted Cauliflower
Yorkshire Pudding (G, E, M)
Gravy

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Mango Crunch Sponge (E, G)

THURSDAY

Broccoli Soup (M, C)
Homemade Bread (G)
Croutons (G)

Cottage and Pie (C)
Vegetable Cottage Pie (So)

Roasted Sweet Potatoes
Steamed Carrots
Sweetcorn

Basil Pesto (M)
Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Flapjack (G)

FRIDAY

Creamy White Bean Soup (C, M)
Homemade Bread (G)
Croutons (G)

Gluten Free Battered Cod (F)
Fish Fingers (G, F)
Mac and Cheese (G, M)

Curry Sauce
Tartar Sauce (Sp)
Mushy Peas
Garden Peas
Chips

Tomato Sauce (C)
Penne Pasta (G)
Gluten Free Pasta Available

Jacket Potato
Baked Beans
Tuna Mayonnaise (F)
Grated Cheddar Cheese (M)

Vanilla Ice Cream with Chocolate
Sauce (M)

Allergens: G = Gluten, M = Milk, E = Egg, Mu = Mustard, Sp = Sulphite Dioxide, F = Fish, So = Soya, C = Celery
V = Vegetarian VG = Vegan

